

# Security Techniques and Skills



# Energy Milestones Corporation Advancing Professionals to the next level

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## **Security Techniques and Skills**

#### Overview

Understand, demonstrate, and enhance security techniques and skills as a part of physical and personnel security to ensure workplace safety and to preserve and protect life.

#### **Course Objectives**

This course is designed to enable participants to

- Define and understand the importance, principles and elements of security techniques and skills.
- · Identify and familiarise them with the use of security techniques and skills.
- Demonstrate and measure the effectiveness of each security technique and skill.

#### **Course Content**

- Self & Security Sense
- Workplace Security and Safety
- Workplace Violence
- De-Escalation Techniques
- Basic Self-Defense
- Use of Force
- · Use observation and description techniques







### Security Techniques and Skills

#### **Targeted Audience**

All safety and security officers, guards, and patrols monitoring any of the organisation's premises, sites, facilities, buildings, or any other physical asset.

#### **Course Methodology**

Facilitated by an experienced professional trainer, this training course will be conducted as a highly interactive workshop session. A variety of training methodologies and facilitation techniques will be employed before and during the course, as applicable. These methods are aimed at enhancing individual and group interaction while maximising learning. Some of these methods are as follows:

- Online Pre-post Test
- Colourful Visual Aids
- Gamification
- Self-Assessment Instruments
- Simulations
- Case Studies
- Videos
- Group Exercises & Discussions
- Role-plays
- Indoor & Outdoor games

